

PARKLANDS CAFÉ MENU

HOT DRINKS

Espresso, Long Black \$4.8

Cappuccino, macchiato, piccolo, flat white, latte, mocha \$5.5

Babyccino \$2.5

Tea \$4.5

English breakfast, early grey, green, chamomile, peppermint, lemon and ginger

Tumeric latte, matcha latte, chai, hot chocolate, dirty chai \$5

Ice Latte \$6.5

Upsize to a large – **add extra \$1**

Milk +.50

Soy, almond, oat, lactose free

Coffee Syrup +\$1

Caramel, Hazelnut or vanilla - add extra

SOFT DRINKS

Coca Cola 600ml Range \$6

Mt Franklin Still Water 600ml \$4

Mt franklin Lightly Sparkling 450ml \$6

Mt Franklin Still Water 1.5lt \$8

Poppa Juice \$3.5

Mojo Juice \$6

Red Bull \$6

Powerade \$6

MILK SHAKES

Milkshake your choice of chocolate, strawberry, banana, vanilla or caramel **small \$6**
large \$8

Swiss Shake

Enormous amounts of vanilla ice-cream, milk and malt with your choice of Chocolate, strawberry, vanilla, caramel and banana **½ Pint \$7**
Pint \$10

SMOOTHIES

Summer Set \$9

Strawberry, mango, milk, yoghurt and honey

Triple Berry \$9

Mixed berries, milk, yoghurt, honey

JUICES

Red Rush \$8

Ginger, lime, beetroot, carrot and celery

Green Grin \$8

Cucumber, capsicum, celery

Watermelon Crush \$8

Watermelon and ice

PROTEIN SHAKES

Original \$9

Milk, yoghurt, ice and protein powder (chocolate or vanilla)

Avocado \$9

Avocado, banana, yoghurt, milk protein powder (chocolate or vanilla) honey yoghurt

Berry \$9

Protein powder (chocolate or vanilla) mixed berries, pineapple, water

FRAPPES

Coffee Frappe \$7

Milk, double espresso shot, ice cream, ice, blended

Chocolate Frappe \$7

Milk, chocolate, ice cream, ice, blended

COCKTAILS

Bloody Mary \$13

Lemon juice, worcestershire sauce, tabasco, vodka and pepper

Virgin Mary \$10

Lemon juice, worcestershire sauce, tabasco and pepper

SPARKLING WINE ^G ^B

Wolf Blass Bilyara Sparkling

Multi-regional, SA \$11.5 \$54

WHITE WINE

Wolf Blass Bilyara Sauvignon Blanc

Multi-regional, SA \$8.5 \$54

Wolf Blass Bilyara Chardonnay

Multi-regional, SA \$8.5 \$54

Seppelt 'Drives' Chardonnay

Grampian, VIC \$12.5 \$62

T'gallant Grace Pinot Grigio

Mornington, VIC \$70

RED WINE

Tempus Two Shiraz

Series Shiraz, NSW \$11.5 \$54

Pepperjack Shiraz McLaren \$90

St Huberts 'Stag' Pinot Noir

Yarra Valley, VIC \$75

BEER

Heineken \$12

Hahn super dry \$9

Hahn super dry 3.5% \$7