



Blacktown
Exercise
Sports and
Technology Hub



BLACKTOWN EXERCISE SPORTS AND TECHNOLOGY HUB





BE YOUR BEST

We believe we have the power to change lives through exercise and sports innovation – not just in our community, but across the nation.

Delivering world class facilities, patient care and rehabilitation services alongside excellence in education and research, the Blacktown Exercise Sports and Technology Hub (BEST) is a game changer for Western Sydney.

Working with individuals and teams of all ages, our leading researchers and practitioners, through innovative working practices are advancing athletic performance and health outcomes for the community.

Through research and education, our BEST partners - Blacktown City Council, the Australian Catholic University, Sydney West Sports Medicine, WentWest and the Australian Football League – are taking health and sports innovation to the next level.

OUR HISTORY

Blacktown City is recognised as the sporting capital of Western Sydney.

To be a sporting and active city was identified as a key strategic direction in the Blacktown City Council's Community Strategic Plan, Our Blacktown 2036. The plan nominated the provision of sporting facilities and the development of strong relationships as a key focus area for building on our culture and history of sporting excellence.

In 2017 the City developed a masterplan to enhance Blacktown International Sportspark over the next 20 years. The masterplan aims to strengthen the position of Blacktown International Sportspark as a destination for sport and health now and for future generations to come. The first phase of this vision was the development of a centre of training excellence.

Through the creation of BEST and our partnerships with industry, Blacktown City Council is delivering on this strategic direction and masterplan. The collaboration between education, health, sports medicine, research and high-performance sport is creating a dynamic interchange of ideas that will drive positive sporting and health outcomes for the community.

OUR LOCATION

BEST sits at the heart of the Blacktown International Sportspark. Originally developed for the Sydney 2000 Olympic games, the park has continued to grow its reputation as a world class venue for sporting teams and the local community.

The Sportspark encourages inclusive participation in, and the development of, athletes and teams at a local, regional, national and international level. Organisations that call the Sportspark home include; the Western Sydney Wanderers Football Club, GWS Giants, Sydney Blue Sox, Sydney Thunder, the NSW Breakers and the Young Matilda's.

The Blacktown International Sportspark sits at the heart of the Western Sydney Parklands and will benefit, as part of the development of BEST, from new shared paths connecting the precinct to Mavis Street in Rooty Hill and Charlie Bali reserve

The Sportspark is owned and managed by Blacktown City Council.



WORK WITH THE BEST



Blacktown City Council is committed to being a sporting and active City and will manage a range of new facilities at BEST including a new rectangular synthetic pitch, physical literacy area for young people, aquatic recovery facility, auditorium and strength and conditioning gym. These facilities will compliment the expertise and services of our partners within BEST whilst enhancing the amenity to existing user groups at the Sportspark.



Australian Catholic University is a leading research and teaching university, ranked amongst the top 2% in the world. Working in partnership with Blacktown City Council and other BEST partners, ACU is creating the next generation of high performance athletes and support staff through innovation in sports science.



The Australian Football League have had a presence at the Sportspark since 2010 operating high performance programs for young players as well as a host of community related activities intended to grow the game whilst espousing the values of the sport. The Australian Football League will be housed in BEST bringing with them a wealth of experience in developing inclusive opportunities for the community to benefit from sport.



Sydney West Sports Medicine has been treating high performing athletes and the local community in Western Sydney for more than 8 years. Offering injury management services to the general community along with athletes. Sydney West Sports Medicine embraces the latest rehabilitation research to deliver the best treatment outcomes.



WentWest has been working to progress community health in Western Sydney for more than 20 years. Taking a patient-centred approach to health care that puts the community first, WentWest is leading the way in reforming the health system. Their approach is based on identifying and addressing gaps in health services, prioritising regional health issues and supporting providers to deliver high-quality, accessible care.



OUR FACILITIES

BEST will host a range of facilities that have been designed to improve the performance of athletes and the health of the community, they include:

- rectangular synthetic and turf pitches
- strength and conditioning gym
- café and meeting spaces
- academy style accommodation
- neighbourhood health hub offering medical services to the local community
- sports medicine clinic
- physical literacy area - a space for people of all ages to improve their health through movement
- physiology laboratories including an environmental chamber
- biomechanics laboratory and 60 m indoor analysis track
- auditorium and function space.

ACADEMY STYLE ACCOMMODATION

Accompanying BEST will be academy style accommodation featuring 37 rooms comprising twin, dorm and fully accessible bedrooms with the ability to accommodate up to 100 guests per night.

The academy style accommodation will ensure that athletes and teams of all standards are able to optimise their training and competition needs within the Sportspark, taking advantage of bespoke catering options, intensive training regimes and on-site recovery facilities. Hospitality services will be curated in partnership with Delaware North, world leaders in accommodation and catering solutions for athletes.

The academy style accommodation takes advantage of the proximity and connectivity of the Sportspark to the Western Sydney Parklands as well as other prominent local attractions to offer an attractive option for families, friends and tourists visiting Western Sydney.



COMING
SOON

BEST WILL OPEN
IN EARLY 2023



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